

About Us

SUDEP Action supports those whose loved ones have died suddenly from an epilepsy-related death. Our services include free bereavement support, counselling and help with understanding the inquest process.

- ✓ Providing info on SUDEP (Sudden Unexpected Death in Epilepsy) and resources to significantly reduce epilepsy risk
- ✓ Bereavement support when someone has died
- ✓ Capturing data across the world through our Epilepsy Deaths Register
- ✓ Driving research to prevent future deaths
- ✓ Creating a community to bring about change



*SUDEP Action are invaluable,
they listen with compassion
and total acceptance,
whatever stage of the grief
journey you are on.*

Contact Us



Main line: 01235 772850
Support: 01235 772852



www.sudep.org
info@sudep.org



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Leading the fight against SUDEP & epilepsy deaths

SUDEP Action

Making every epilepsy death count



Tailored for you

We tailor our support services to suit you, offering information and advice and standing with you so you get the actions and answers you deserve. For example, we assist and empower many families in their dealings with the coronial service and other agencies.



Bereavement services

- We offer a confidential support service for the bereaved without time limits. We'll listen and make time for you.
- We provide opportunities to meet with others going through similar experiences.
- We help you understand what has happened.



Tools for clinicians

- The SUDEP & Seizure Safety Checklist
- The Paediatric SUDEP & Seizure Safety Checklist

Our free evidence-based tools help UK clinicians in their discussions with people about epilepsy risks.



EpSMon App

Our EpSMon app is a personal tracking tool for people with epilepsy.

It's designed for adults with epilepsy to review data and track their condition between doctors' appointments. It helps users record and view personal information in one go-to safe place.

Available to over-16s in the UK for free from the Apple App Store and Google Play.



Shaping research

The Epilepsy Deaths Register (EDR)

The Epilepsy Deaths Register is a single point for reporting all epilepsy-related deaths. Sharing information by reporting to the EDR helps research teams carry out new work. It's about learning lessons from those who have died, in the hope of saving future lives.



Contact the EDR

www.epilepsydeathsregister.org

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SUDEP Action shone a light on the path I needed to walk. When the numbness wears off, people have disappeared. SUDEP Action stays by my side.

More about us

www.sudep.org
info@sudep.org

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