

People with epilepsy have a right to know the facts



The SUDEP & Seizure Safety Checklist is designed to be used in clinical settings.

The SUDEP & Seizure Safety Checklist is a valuable tool for any health professional supporting someone with epilepsy. It encourages structured two-way conversations about epilepsy risk.

Risk discussions save lives and the easy-to-use Checklist aids those important conversations.

Eighty per cent of epilepsy deaths are thought to be preventable. Ensuring key info is shared with patients and their families is vital to keeping people safe.

The Checklist builds on decades of research and was created by SUDEP Action and the Cornwall Partnership NHS Foundation Trust.

By giving people with epilepsy, and their families, more information you can help them take positive actions to live more safely.

Register for the Checklist at www.sudep.org or scan the QR code

SUDEP Action 

Making every epilepsy death count



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Epilepsy Bereaved (founded 1995) is s part of SUDEP Action.