

Difficult but important conversations save lives



Use the Paediatric SUDEP & Seizure Safety Checklist in your clinic

Every health professional who supports a person with epilepsy has a responsibility to identify their patient's risk and work with them to reduce it.

The Paediatric SUDEP & Seizure Safety Checklist helps clinicians have better conversations about seizure risk with epilepsy patients.

It's a free, evidence-based tool designed to be used in clinical settings.

The Checklist will allow you to share important information in a positive way, so young people – and their families – feel like equal partners in their care. It's about building confidence so people can live well with epilepsy.

'Too many grieving families say no one ever warned them you could die from epilepsy'

Register for the Checklist at www.sudep.org or scan the QR code

SUDEP Action 

Making every epilepsy death count



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Epilepsy Bereaved (founded 1995) is a part of SUDEP Action.