

**SUDEP & SEIZURE Safety Checklist – References**

Risk factor	References
Active seizures	1, 2,3,4,5,6,7
Generalised Tonic-Clonic Seizures / Status Epilepticus / Prolonged Seizures	3,8,46,9,10,11, 6,7
Nocturnal Seizures and Surveillance	12,8,13,14,15, 16,17,18,46
Poor Medicines adherence or medication changes	19,2,20,21 ,22 47, 12,37,22,46

Risk factor	References
Alcohol and/or substance abuse	2,36,23,35
Depression or psychiatric disorder	2,33,23,34,6
Presence of intellectual disability	24,25,26,27
Pregnancy	28,29,30,31,32

Risk factor	References
Unclear seizure history or treatment	1,36,37,12
Duration of epilepsy > 15 years	3
Early onset of epilepsy before aged 16	3,38
Younger adult age	39
Male sex	3
Action e.g. referral to specialist or other services	1,2,9,10,40,41, 42,43,44,45

**Above are the reference numbers associated with the strands of the sections in the Checklist – this is not the Checklist itself.  
The full list of references is listed below.**

<b>Research References *</b>		<b>*(Click the reference number for full text/abstract)</b>
<a href="#"><u>1</u></a>	Hanna NJ, Black M, Sander JWS, Smithson WH, Appleton R, Brown S, et al. The national sentinel clinical audit of epilepsy related death: epilepsy - death in the shadows: The Stationary Office; 2002.	<a href="#"><u>25</u></a>
<a href="#"><u>2</u></a>	Ridsdale L, Charlton J, Ashworth M, Richardson MP, Gulliford MC. Epilepsy mortality and risk factors for death in epilepsy: a population-based study. Br J Gen Pract 2011;61(586):e271-8.	<a href="#"><u>26</u></a>
<a href="#"><u>3</u></a>	Hesdorffer DC, Tomson T, Benn E, Sander JW, Nilsson L, Langan Y, et al. Combined analysis of risk factors for SUDEP. Epilepsia 2011;52(6):1150-9.	<a href="#"><u>27</u></a>
<a href="#"><u>4</u></a>	Asadi-Pooya AA, Nikseresht A, Yaghoubi E, Nei M. Physical injuries in patients with epilepsy and their associated risk factors. Seizure 2012;21(3):165-8.	<a href="#"><u>28</u></a>
<a href="#"><u>5</u></a>	Nguyen R, Tellez Zenteno JF. Injuries in epilepsy: a review of its prevalence, risk factors, type of injuries and prevention. Neurology international 2009;1(1):e20.	<a href="#"><u>29</u></a>
<a href="#"><u>6</u></a>	Thurman DJ, Logroscino G, Beghi E, Hauser WA, Hesdorffer DC, Newton CR, et al. The burden of premature mortality of epilepsy in high-income countries: A systematic review from the Mortality Task Force of the International League Against Epilepsy. 2017, Jan;58(1):17-26. doi: 10.1111/epi.13604	<a href="#"><u>30</u></a>
<a href="#"><u>7</u></a>	Levira F, Thurman DJ, Sander JW, Hauser WA, Hesdorffer DC, Masanja H, et al. Premature mortality of epilepsy in low- and middle-income countries: A systematic review from the Mortality Task Force of the International League Against Epilepsy. Epilepsia 2017;58(1):6-16.	<a href="#"><u>31</u></a>
<a href="#"><u>8</u></a>	Ryvlin P, Nashef L, Lhatoo SD, Bateman LM, Bird J, Bleasel A, et al. Incidence and mechanisms of cardiorespiratory arrests in epilepsy monitoring units (MORTEMUS): a retrospective study. Lancet Neurol 2013;12(10):966-77.	<a href="#"><u>32</u></a>
<a href="#"><u>9</u></a>	National Institute for Health and Clinical Excellence (NICE). The epilepsies: the diagnosis and management of the epilepsies in adults and children in primary and secondary care. National Clinical Guideline 137. UK: NICE, 2012 (updated 2016)	<a href="#"><u>33</u></a>
<a href="#"><u>10</u></a>	Scottish Intercollegiate Guidelines Network (SIGN). Diagnosis and Management of Epilepsy in Adults Edinburgh, SIGN, 2015.	<a href="#"><u>34</u></a>
<a href="#"><u>11</u></a>	Glaser T, Shinnar S, Gloss D, Alldredge B, Arya R, Bainbridge J, et al. Evidence-Based Guideline: Treatment of Convulsive Status Epilepticus in Children and Adults: Report of the Guideline Committee of the American Epilepsy Society. Epilepsy Currents 2016;16(1):48-61.	<a href="#"><u>35</u></a>
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<a href="#"><u>12</u></a>	Langan Y, Nashef L, Sander JW. Case-control study of SUDEP. <i>Neurology</i> 2005;64(7):1131-33.	<a href="#"><u>36</u></a>	Shankar R, Walker M, McLean B, Laugharne R, Ferrand F, Hanna J, et al. Steps to prevent SUDEP: the validity of risk factors in the SUDEP and seizure safety checklist: a case control study. <i>Journal of neurology</i> 2016;263(9):1840-6.
<a href="#"><u>13</u></a>	Lamberts RJ, Thijs RD, Laffan A, Langan Y, Sander JW. Sudden unexpected death in epilepsy: people with nocturnal seizures may be at highest risk. <i>Epilepsia</i> 2012;53(2):253-7.	<a href="#"><u>37</u></a>	Nilsson L, Farahmand BY, Persson PG, Thiblin I, Tomson T. Risk factors for sudden unexpected death in epilepsy: a case-control study. <i>Lancet</i> 1999;353(9156):888-93.
<a href="#"><u>14</u></a>	Jory C, Shankar R, Coker D, McLean B, Hanna J, Newman C. Safe and sound? A systematic literature review of seizure detection methods for personal use. <i>Seizure - European Journal of Epilepsy</i> ; 36:4-15.	<a href="#"><u>38</u></a>	Sillanpaa M, Shinnar S. Long-term mortality in childhood-onset epilepsy. <i>The New England journal of medicine</i> 2010;363(26):2522-9.
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<a href="#"><u>16</u></a>	Liebenthal JA, Wu S, Rose S, Ebersole JS, Tao JX. Association of prone position with sudden unexpected death in epilepsy. <i>Neurology</i> 2015;84(7):703-9.	<a href="#"><u>40</u></a>	National Institute for Health and Clinical Excellence (NICE) The epilepsies in adults. NICE Quality Standard 26. 2013.
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<a href="#"><u>18</u></a>	Wang S, Graf S, Xu J, Issa NP, Ali A, Rose S, et al. The incidence of peri-ictal prone position in patients with generalized convulsive seizures. <i>Epilepsy Behav</i> 2016;61:158-61.	<a href="#"><u>42</u></a>	Ryvlin P, Montavont A, Kahane P. The impact of epilepsy surgery on mortality. <i>Epileptic Disord</i> 2005;7(Supp 1):S39-S46.
<a href="#"><u>19</u></a>	Faught E, Duh MS, Weiner JR, Guerin A, Cunnington MC. Nonadherence to antiepileptic drugs and increased mortality: findings from the RANSOM study. <i>Neurology</i> 2008;71(20):1572-8.	<a href="#"><u>43</u></a>	Sperling MR, Barshow S, Nei M, Asadi-Pooya AA. A reappraisal of mortality after epilepsy surgery. <i>Neurology</i> 2016;86(21):1938-44.
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