Safety Devices - Questions to ask

If you are considering a safety device, it is really important to have considered the different options carefully. You should speak to your Doctor or Epilepsy Specialist before you begin using any of them.

These questions are a starting point to help you in your research of the various safety devices on offer:

- Which seizure type or types does this monitor pick up?
- Is this safety device suitable for my type of epilepsy?
- How many or what percentage of seizures is this monitor likely to pick up?
- How often does this monitor give out a false alarm?
- Will this monitor get in the way of my day to day living?
- What is the cost of the monitor?
- What are the potential issues I may experience with this monitor (eg: false alarms)