What is your favourite flavour of cake?

Why?
If SUDEP Action were a cake...
For the next 30 minutes, you are all SUDEP Action Bake Off contestants.

You need to help us construct the BEST SUDEP Action cake possible by considering the ingredients needed.

**To Start:** What ingredients could be included in the cake? (& Why)
What ingredients could be included? (& Why)
What quantities of each ingredient are needed?
Are there any ingredients you would leave in the cupboard?
Recipe for success:
Heat up an idea
take action
mix it up with
passion and belief
then add a dash of persistence

SUDEP Action
Making every epilepsy death count